

Understanding ADHD



Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to all of the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

Have you ever come across a child who's always on the move? They might have Attention Deficit Hyperactivity Disorder (ADHD). Children with this condition are restless, impulsive, and have a very short attention span.

These energetic students can often disrupt a classroom. This course provides a variety of tips, adaptations, and strategies for teaching students with ADHD and other students who are energetic, hyperactive, or have difficulty paying attention.

You will learn about classroom modifications and adaptations that can help maintain order in the classroom and discover methods for communicating more clearly with special educators and parents.



Certificate of
Completion



100% Online



Quiz

Understanding ADHD

Course Outline

LESSON 1: Introduction

- Definition of and challenges of ADHD
- Causes of ADHD
- Strengths of students with ADHD
- Prognosis and treatment of ADHD

LESSON 2: Core Issues in ADHD

- The ADHD brain and how the changes in the brain cause deficits
- Challenges in ADHD and strategies that may be used to overcome them, especially in the areas of attention, hyperactivity, and impulsivity
- Strategies that are useful in working with students with ADHD including instruction sheets, classroom seating, movement breaks, and rules
- Dealing with anger and addictive behavior in students with ADHD

LESSON 3: Associated Issues in ADHD

- Issues seen in ADHD, including issues in organization, motivation and social skills
- How teachers may help students to organize their schoolwork and complete it
- How to motivate students with ADHD
- How to support students with ADHD so they can build positive friendships

LESSON 4: Accommodations

- Classroom accommodations that can help a student with ADHD learn and perform well
- Modified seating and lighting
- How a classroom schedule and organization can support learning
- Adapting homework, visual aids, and assessments in order to help a child with ADHD cope with the curriculum



5 Hours
of Learning



Convenient Access:
Start Right Away



Resources & Tools for
Professional Learning Plans