



Renew a Teaching License

by Professional Learning Board

ONLINE: Understanding ADHD

“I have been teaching for 13 years. After taking this class, I feel much more equipped to meet the needs of students with ADHD.”

– Donna H.

Have you ever come across a child who’s always on the move? They might have had ADHD. Attention Deficit Hyperactivity disorder or ADHD is seen commonly in today’s classroom. Children with this condition are restless, find it difficult to sit, are very impulsive and have a very short attention span. On the other hand they are also very intelligent and creative.

These energetic students can often disrupt a classroom. Thus, it becomes even more important for teachers to understand what this condition is all about and learn strategies to teach a child with ADHD.

This course does just that for you. It provides a variety of tips, adaptations and strategies that you can use while working in the classroom. You will learn about classroom modifications and adaptations that will help maintain order in the classroom. You will also discover methods for communicating more clearly with special educators and parents about their children. This course helps teachers gain confidence in not only handling ADHD, but also other students who are energetic, hyperactive or have difficulty paying attention.

Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to all of the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

Each online self-study course from Professional Learning Board includes:

- **Convenient access** anytime, anywhere, any device
- Interactive **online** textbook
- Implement **practical resources and tools** in your classroom
- Demonstrate comprehension with **quizzes** and checks for understanding
- Align with your **Professional Learning Plan**
- Print, email and save your **Certificates of Completion**





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Course Outline

LESSON 1: Introduction

- Definition of and challenges in ADHD
- Causes of ADHD
- Strengths of students with ADHD
- Prognosis and treatment of ADHD

LESSON 2: Core Issues in ADHD

- The brain in ADHD and how the changes in the brain cause deficits
- Challenges in ADHD and strategies that may be used to overcome these, especially in the areas of attention, hyperactivity and impulsivity
- Strategies that are useful in working with students with ADHD including instruction sheets, classroom seating, movement breaks and rules
- Dealing with anger and addictive behavior in students with ADHD

LESSON 3: Associated Issues in ADHD

- Issues seen in ADHD including issues in organization, motivation and social skills
- How teachers may help students to organize their schoolwork and complete it
- How students with ADHD may be motivated
- How students with ADHD may be supported so that they build positive friendships in the classroom

LESSON 4: Accommodations

- Classroom accommodations that can help a student with ADHD to learn and perform well
- Modified seating and lighting
- How a classroom schedule and organization can support learning
- Adapting homework, visual aids and assessments in order to help a child with ADHD cope with the curriculum