# Suicide Prevention



## Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences and Learning Environments.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership and Diverse Learners This course looks at the important role teachers play in suicide prevention.

Learning the warning signs of suicide may help teachers recognize which students could be at risk for suicide.

Discover how teachers can collaborate with the school and the greater community to help create and maintain safer environments.

This course integrates the Suicide Prevention Resource Center's research and materials in collaboration with the American Foundation for Suicide Prevention.





100% Online



Quiz

# Suicide Prevention

# Course Outline

#### **LESSON 1: Introduction**

- Suicide: myths and truths
- · Role of mental health
- Suicide warning signs
- Interventions & treatments

### **LESSON 2: Resilience**

- Adolescent stressors
- Responsibility and self-esteem
- · Social and emotional learning
- · Connections and relationships

### LESSON 3: Helping Students at Risk

- Response protocol
- Dealing with suicide
- · Healthy response to grief
- Non-fatal suicide attempts

#### **LESSON 4: Schools & Communities**

- Need for school involvement
- Suicide prevention programs
- Crisis response teams
- Family partnerships







