

Recognition of Early-onset Mental Health Illness in Children & Adolescents



Standards:

This course aligns to the INTASC Standards including Learning Differences, Learning Environments, Content Knowledge, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners and Teachers Know Content.

As educators, we are often the first to notice that a child may be experiencing problems.

Through this course, teachers develop a basic understanding of key warning signs of early-onset mental illness in children and adolescents. This knowledge strengthens teacher-parent communications and supports professional teaching and learning.



Certificate of
Completion



100% Online



Quiz

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Course Outline

LESSON 1: Introduction

- An overview of the prevalence, nature, causes, and experience of mental illnesses
- Understanding effective treatments and the role and limitations of medication
- The application of behavioral therapy and other creative therapies under the umbrella of Cognitive Behavior Therapy to target the root of the problem
- The stigma associated with mental illnesses and ways to combat it
- The educational implications of the evaluation and treatment of mental illnesses

LESSON 2: ADHD, ODD, and Anxiety in the Classroom

- Understanding the manifestations of ADHD (Attention Deficit Hyperactive Disorder) in the classroom and ways to manage behavior effectively in this context
- The common signs, treatments, and classroom strategies to deal with ODD (Oppositional Defiant Disorder) and CD (Conduct Disorder)
- The various subtypes within Anxiety Disorders, their treatment, and classroom applications

LESSON 3: Other Mental Health Conditions in Children

- Symptoms and warning signs of OCD, Schizophrenia, Bipolar Disorder, PTSD, etc.
- Treatments
- Classroom applications and strategies

LESSON 4: The Team

- Working with parents
- The role of mental health professionals
- The IEP process
- Understanding assessments and assignments



5 Hours
of Learning



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