

Bullying - The Golden Rule Approach



Standards:

This course aligns to the INTASC Standards including Learner Development and Learning Environments.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.

During childhood, children learn and practice the skills they will need in their adult lives. Bullying is an unpleasant but inevitable part of life that happens in virtually every social group. If children don't learn how to deal with hostility in their formative years, how will they manage when they grow up and have to face hostility from their co-workers, bosses, spouses, and children?

This course enables teachers to help students respond effectively to verbal comments and includes video role plays that model and demonstrate methodologies.



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Course Outline

LESSON 1: Understanding Bullying

- The role and impact of bullying among students
- The Golden rule (The Law of Reciprocity) – Meaning and Application
- Similarities between a bully and a victim
- Friendly Approach vs Bully Approach

LESSON 2: Principles

- Principles and Recommended practices while dealing with bullying
- Implementing the Golden Rule
- Teacher's role: Judge or Disciplinarian
- Freedom of speech and limits of speech

LESSON 3: Bullies to Buddies (B2B) Rules

- Strategies to help students turn bullies into their buddies
- Closer look on the B2B Strategies with video demonstrations
- Applying the B2B practices under various circumstances

LESSON 4: How You Can Help

- Handling Verbal attacks and rumors
- Tackling physical attacks among children
- Dealing with Cyber-bullying
- Tackling bullying effectively in the workplace



5 Hours
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