Bullying: Prevention and Policies for Schools

Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences and Learning Environments.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership and Diverse Learners.

Bullying is a form of aggressive behavior that can be covert or overt in nature. Teachers must build a school culture where bullying has no place by modeling and fostering healthy social interactions among students.

This course helps teachers develop their understanding of bullying and gives them confidence to respond to and address it.

The practical strategies in this course can be adapted by teachers to meet the specific needs of their individual classrooms. Teachers are empowered to prevent and respond to bullying effectively as part of promoting positive environments in which all students can learn and thrive.

Certificate of Completion

100% Online

Quiz

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Course Outline

LESSON 1: What is Bullying?

- Defining and understanding bullying behavior
- Differentiating between bullying myths and facts
- Learning about the different types of bullying
- The characteristics and effects of bullying
- Recognizing warning signs of victimization and identifying bullying incidents

LESSON 2: Cyberbullying

- The difference between cyberbullying and traditional bullying
- The different types of cyberbullying and learning how to recognize the signs
- How to prevent and respond to cases of cyberbullying
- School level measures to prevent cyberbullying

LESSON 3: Reporting and Response

- Four phases/levels of reporting a bullying incident
- Anonymous and online reporting of bullying incidents
- Documentation of bullying incidents
- The different bullying intervention methods
- Challenges faced by school administrators while dealing with bullying incidents

LESSON 4: Bullying awareness and prevention

- The key elements, aspects, and challenges of school-wide bullying prevention
- Bullying prevention at the classroom and individual level
- Exploring different bullying awareness activities for elementary, middle, and high school students
- Involving parents in the anti-bullying initiatives of the school

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**5 Hours
of Learning**

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**Resources & Tools for
Professional Learning Plans**