

# Essential Teaching Package #1 (25 Hours)



The Essential Teaching Package #1 provides a foundation in skills applicable to teachers across the curriculum.

The package includes 5 self-study courses (5 hours each) for a total of 25 hours of professional development.

- Early Reading Skills
- Ethics for Education Professionals
- Formative Assessment
- Introduction to Technology
- Trauma Sensitive Teaching

# Early Reading Skills



## Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

The development of early literary and reading skills are the foundation for every student's education. Gain a comprehensive understanding of challenges that hold potential readers back, including phonological impairments and reading disorders. Adopt best science-research-based reading strategies to tackle these including use of explicit, systematic, and sequential approaches to reading instruction, developing phonemic awareness, and implementing multisensory intervention strategies.

An incredibly useful tool for teachers looking to unlock their students' reading potential, this course is a must-have for teachers.



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# Early Reading Skills

## Course Outline

### LESSON 1: Language Development

- Stages of reading development
- The role of neuroscience in language development
- Reading wars and speech-language impairments
- Reading disorders and assessment for reading disorders

### LESSON 2: Reading Disorders

- Growth mindset approach and “think-aloud” strategy
- Zone of proximal development (ZPD)
- Gradual release of responsibility
- Fostering early literacy at home and play & literacy

### LESSON 3: Supporting Early Literacy Skills

- Purposeful conversations and vocabulary
- Academic vocabulary and narratives
- Phonological words and syllable awareness
- Rhyming, onset, rime, and phonemic awareness

### LESSON 4: Phonics

- Letter-sound relations and keyword for each letter
- Word building and decoding words
- Letter tiles and elkonin boxes
- Sound-spelling patterns and encoding (spelling)



5 Hours  
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# Ethics for Education Professionals



## Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Application of Content, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners and Teachers Know Content.

It's easy for boundaries to become blurred. Things that previously may have been black and white are now gray. Where do we draw the lines?

Even though most people believe that their actions are guided by logic and reason, we all have an innate ethical sense that urges us to make predictable choices. Ethics education is about recognizing our own innate ethical sense and how it influences our behavior.

By stepping inside this course and through reflection and introspection, you'll discover a clearer understanding of the innate ethical self. You'll find tools and tips for bringing high standards of ethics into school and a variety of topics to explore practical ways of addressing ethical decisions.



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# Ethics for Education Professionals

## Course Outline

### LESSON 1: Ethics in School

- Examining morals, ethics, and laws while understanding subtle differences between them
- Insight on schools of thought and ethical models
- Professionalism and how it applies to teachers
- Reviewing basic ethical practices

### LESSON 2: Ethical Boundaries

- Types of boundaries and establishing boundaries through communication, both verbal and non-verbal
- Transference
- Insight on challenging ethical issues, including excessive thinking, jealousy, and inappropriate relationships, as well as how these may be avoided

### LESSON 3: Ethical Behaviors

- Professional habits, including the infusion of modesty, fidelity, and civility
- Understanding appropriate behavior, including touch and conversation
- Practical strategies that can be used to maintain positive professional relationships with students, colleagues, and parents
- Virtues and traits that are the cornerstone for every professional teacher

### LESSON 4: Ethics in Practice

- A framework for making ethical decisions in the context of the classroom and school
- Strategies to promote school-wide ethical practice, including mentoring, PD, ethical committee, ethical code of conduct, and an honor code.



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# Formative Assessment



## Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to all of the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

Formative assessments allow teachers to respond to a student's needs quickly, and, even more importantly, allows the student to shape instruction. Effective formative assessments result in instruction that meets the needs of each student.

In this innovative online course, teachers learn about and implement formative assessments. Discover and demonstrate for yourself, your students, and your community what happens when students are truly learning.



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# Formative Assessment

## Course Outline

### LESSON 1: The Essentials

- Concepts behind and purpose of formative assessment
- Practical strategies that may be used to implement formative assessment
- Commonly used formative assessments, including teacher observation, questioning, rubrics, essays, and peer assessment
- Benefits of each strategy and how they can be used effectively

### LESSON 2: Nuts and Bolts

- The process of formative assessment
- Concepts behind goal mastery
- The importance of feedback, reports, visual depiction, and celebration in formative assessment
- Designing lesson plans that integrate formative assessment

### LESSON 3: Making Connections

- The role of assessment in standards-based education
- Formative and summative assessments, and the difference between the two



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# Introduction to Technology



## Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

This course introduces and examines technology for educators teaching in a variety of contexts, including in-person, online, and hybrid.

You will develop a better understanding of how to use technology tools and resources to increase engagement in learning and enhance your instructional practices. Tutorials and tips demonstrate applications and guide teachers in improving tech skills and gaining confidence in use.



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# Introduction to Technology

## Course Outline

### LESSON 1: Technology Basics

- Computer basics
- Email
- Benefits and harmful effects of technology
- Devices and gadgets for the classroom

### LESSON 2: Platforms and Providers

- Spreadsheets and Word processing
- Presentation software
- Organization using cloud-based storage applications

### LESSON 3: Interactive Technology

- Digital scavenger hunts
- Interactive quizzes and activities
- Design tools

### LESSON 4: Types and Models of Learning

- Flipped and hybrid classrooms
- Learning Management Systems (LMS)
- Webinars and video conferencing tools



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# Trauma Sensitive Teaching



## Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

This course enables educators to become more attuned to the signs of trauma that impede student learning. Integrating trauma sensitive teaching methodologies create a learning environment that is conducive to the academic development of all students.

Through this course, educators will learn about the ways in which trauma impacts learning behaviors, and the strategies they can adopt to help students regulate their emotions, build resilience, and thrive both within and beyond the classroom. Packed with innumerable tips, strategies, and real-life examples for teachers who wish to master the art of trauma sensitive teaching, this course is an incredible resource for teachers everywhere.



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# Trauma Sensitive Teaching

## Course Outline

### LESSON 1: Understanding Trauma

- What is trauma?
- Signs and executive functioning of trauma
- Teaching methodologies
- Trauma and resilience

### LESSON 2: Building Resilience

- What is resilience?
- Identify and label emotions
- Nurturing competence and tone of voice
- Promoting self-advocacy and problem-solving

### LESSON 3: Trauma-induced Anxiety

- Types of anxiety
- Relationship building
- Resolving conflicts
- Fostering self-efficacy

### LESSON 4: Creating Trauma-supportive Classrooms

- Physical organization and psychological culture
- Consistency and predictability
- Behavior strategies
- Homework, test and social anxiety



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