

# Cohesive Classrooms



## Standards:

This course aligns to all of the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Content Knowledge, Application of Content, Assessment, Planning for Instruction and Instructional Strategies.

It also aligns to all of the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content, Teachers Facilitate Learning and Teachers Analyze and Reflect.

This course helps teachers navigate mental health issues to build safe classroom environments and encourage optimal learning.

The first section is designed to educate teachers about collaborative instruction.

Taking this forward, the second section focuses on accommodating students with mental health challenges. This includes specific conditions like ADHD, ODD, Depression, and, Bipolar Disorder.

The third section focuses on the role teachers can play in preventing suicide. The creative techniques presented in this course can be used to build strong, understanding, empathetic, and caring students.



Official Transcript:  
1 Semester Credit



100% Online



Quizzes and  
Course Action Plan

# Cohesive Classrooms

## *Course Outline*

### SECTION A: Classroom Collaboration

#### LESSON 1: Introduction to Collaborative Learning

- What is collaborative learning and why should students collaborate?
- Collaboration vs. Traditional Approach
- Benefits and Importance of collaborative learning
- Overview on effective collaboration in the classroom
- Alignment of collaboration to State Standards
- The Collaborative Learning Model

#### LESSON 2: Collaborative Tools and Strategies

- Characteristics of a collaborative teacher
- Grouping strategies and designing grouping assignments
- Collaborative learning techniques
- Web tools and projects for collaboration
- Interactions and activities in a collaborative classroom
- Around the world collaboration
- Resources for collaboration

#### LESSON 3: The Collaborative Classroom

- Characteristics of a collaborative classroom
- Student and teacher roles in a collaborative classroom
- Preparing for collaborative activities
- Examples of classroom collaboration and collaborative learning spaces
- Managing today's classroom

#### LESSON 4: Assessment, Accommodations, and Challenges

- Collaborative assessment
- Approaches to collaborative assessment
- Challenges in a collaborative classroom
- Conflict resolution
- School-wide policies to promote collaboration

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## *Course Outline*

### SECTION B: Recognition of Early-onset Mental Health Illness in Children & Adolescents

#### LESSON 1: Introduction to Mental Illnesses

- An overview of the prevalence, nature, causes, and experience of mental illnesses
- Understanding effective treatments and the role and limitations of medication
- The application of behavioral therapy and other creative therapies under the umbrella of Cognitive Behavior Therapy to target the root of the problem
- The stigma associated with mental illnesses and ways to combat it
- The educational implications of the evaluation and treatment of mental illnesses

#### LESSON 2: ADHD, ODD, and Anxiety in the Classroom

- Understanding the manifestations of ADHD (Attention Deficit Hyperactive Disorder) in the classroom and ways to manage behavior effectively in this context
- The common signs, treatments, and classroom strategies to deal with ODD (Oppositional Defiant Disorder) and CD (Conduct Disorder)
- The various subtypes within Anxiety Disorders, their treatment, and classroom applications

#### LESSON 3: Other Mental Health Conditions in Children

- Symptoms and warning signs of OCD, Schizophrenia, Bipolar Disorder, PTSD, etc.
- Treatments
- Classroom applications and strategies

#### LESSON 4: The Team

- Working with parents
- The role of mental health professionals
- The IEP process
- Understanding assessments and assignments

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## Course Outline

### SECTION C: Suicide Prevention

#### LESSON 1: Introduction

- Suicide: myths and truths
- Role of mental health
- Suicide warning signs
- Interventions & treatments

#### LESSON 2: Resilience

- Adolescent stressors
- Responsibility and self-esteem
- Social and emotional learning
- Connections and relationships

#### LESSON 3: Helping Students at Risk

- Response protocol
- Dealing with suicide
- Healthy response to grief
- Non-fatal suicide attempts

#### LESSON 4: Schools & Communities

- Need for school involvement
- Suicide prevention programs
- Crisis response teams
- Family partnerships

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