

# Child Abuse Prevention



## Standards:

This course aligns to the INTASC Standards including Learner Development, Learning Differences, Learning Environments, Planning for Instruction and Instructional Strategies.

It also aligns to the McRel Teacher Evaluation Standards including Teacher Leadership, Diverse Learners, Teachers Know Content and Teachers Facilitate Learning.

Protecting children is the role and responsibility of every adult. This course helps educators maintain safe and secure learning environments.

Educators need to be aware of red flags indicating a child is being abused. The first section tackles this very sensitive issue and aims to equip teachers with the essentials of recognizing and preventing abuse and trafficking.

In the second section, educators learn how to prevent and respond to bullying.

The third section focuses on trauma-informed strategies teachers can adopt to help students regulate emotions, build resilience, and thrive both within and beyond the classroom.



Official Transcript:  
1 Semester Credit



100% Online



Quizzes and  
Course Action Plan



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# Child Abuse Prevention

## *Course Outline*

### SECTION A: Child Abuse Prevention

#### LESSON 1: Introduction to Child Abuse and Trafficking

- Defining child abuse and neglect
- Exploring the different types of child abuse and neglect and identifying the signs and behaviors characterizing each type
- Defining Trafficking
- Exploring the signs, types and risk factors for trafficking

#### LESSON 2: Child Abuse Perpetrators

- Exploring the characteristics of child abuse perpetrators
- Identifying the causes and risk factors leading to child abuse and neglect and the role of technology in child maltreatment
- Understanding how and where child abuse can occur and learning about the process of grooming

#### LESSON 3: Reporting Child Abuse

- Understanding mandated reporting and the role of educators as mandated reporters
- Learning how to report cases of child abuse and neglect, its procedures and formalities
- Exploring the procedures of Child Protection Services and how to assist them with their investigation

#### LESSON 4: Prevention of Child Abuse

- Exploring the role of educators in preventing child abuse and neglect
- Identifying child abuse preventive strategies that educators can engage in at the classroom, school, and community level
- Identifying strategies by which the cycle of abuse can be prevented or broken

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## *Course Outline*

### SECTION B: Bullying - The Golden Rule Approach

#### LESSON 1: Understanding Bullying

- The role and impact of bullying among students
- The Golden rule (The Law of Reciprocity) – Meaning and Application
- Similarities between a bully and a victim
- Friendly Approach vs Bully Approach

#### LESSON 2: Principles

- Principles and Recommended practices while dealing with bullying
- Implementing the Golden Rule
- Teacher's role: Judge or Disciplinarian
- Freedom of speech and limits of speech

#### LESSON 3: Bullies to Buddies (B2B) Rules

- Strategies to help students turn bullies into their buddies
- Closer look on the B2B Strategies with video demonstrations
- Applying the B2B practices under various circumstances

#### LESSON 4: How You Can Help

- Handling Verbal attacks and rumors
- Tackling physical attacks among children
- Dealing with Cyber-bullying
- Tackling bullying effectively in the workplace

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## Course Outline

### SECTION C: Trauma Sensitive Teaching

#### LESSON 1: Understanding Trauma

- What is trauma?
- Signs and executive functioning of trauma
- Teaching methodologies
- Trauma and resilience

#### LESSON 2: Building Resilience

- What is resilience?
- Identify and label emotions
- Nurturing competence and tone of voice
- Promoting self-advocacy and problem-solving

#### LESSON 3: Trauma-induced Anxiety

- Types of anxiety
- Relationship building
- Resolving conflicts
- Fostering self-efficacy

#### LESSON 4: Creating Trauma-supportive Classrooms

- Physical organization and psychological culture
- Consistency and predictability
- Behavior strategies
- Homework, test and social anxiety



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